

# RESEARCH PARTICIPANTS WANTED

**Do you have 35 minutes to answer surveys and participate in a focus group?**

We are conducting a study to evaluate the effectiveness of nurse health allies peer support skills and mindfulness training by measuring health allies/peer support and mindfulness abilities, and how that support affects the well-being of nurses.

**Locations:** Zoom (Virtual Platform)

**Questions?** Kristin Waite-Labott @ [wispan2021@gmail.com](mailto:wispan2021@gmail.com); or LeeZa Ong @ [leeza.ong@marquette.edu](mailto:leeza.ong@marquette.edu)

MU IRB Approval # XXXX



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